

4 STEPS *for* EUCHARISTIC ADORATION



15 MINS

RECONGNIZE THE PRESENCE OF GOD

Place yourself in the presence of Christ



15 MINS

THANKSGIVING

Give thanks for all the blessings God has given you



15 MINS

PETITION

Ask for the world, the people around you and your conversion



15 MINS

ATONEMENT

Express your sorrow for the world's sins and yours

